



IT'S TIME TO START THINKING ABOUT YOUR ANNUAL BENEFITS!

Make a positive, powerful change in your life

Sign up for Hinge Health, and be a movement person. Get virtual care to reduce everyday joint and muscle aches, recover from injury, and more.

Specialized care, personalized for you

- **1-on-1 support**
From a physical therapist or health coach.
- **A care plan**
Designed by your physical therapist for your everyday activities and busy life.
- **All costs covered**
You earned Hinge Health benefits through Goodwin Procter LLP. **There's \$0 cost to you.**
- **Starting January 1, 2025**
We will offer a new Pelvic Floor program – for pregnancy and postpartum care, to improve bladder control, and much more.

Sign up today.

Scan the QR code or visit:

hinge.health/goodwin-oe



Please use the default camera on your device to scan the QR code, not a third-party application. If you are directed to a site other than the URL listed above, do not proceed.

Hinge Health está disponible en español

Alivia los dolores articulares y musculares y previene las lesiones con tus beneficios de salud gratuitos.

Participants must be 18+ and enrolled in a Blue Cross and Blue Shield of Massachusetts medical plan through Goodwin Procter LLP to be eligible.

