

# CARROT

## Your Carrot benefit

We've partnered with Carrot Fertility to provide our partners and employees with inclusive fertility, hormonal health, and family-forming benefits. Eligible individuals can use Carrot to get personalized support — regardless of age, race, income, sex, sexual orientation, gender, marital status, or geography.

Visit [app.get-carrot.com/signup/info](https://app.get-carrot.com/signup/info) to claim your benefit and explore the resources available, including the funds we've provided to help pay for care.

Claim your benefit

Eunice  
Carrot member



### Personalized guidance

- Receive a free, personalized Carrot Plan created by a Carrot Expert that provides actionable next steps to help you make the most of your benefit
- Talk to Carrot's team of medical experts and specialists about navigating options, costs, and other questions — 99% of members rate these conversations 4.9 out of 5 stars
- Explore trusted educational resources — no more online searching
- Get at-home support like fertility tests, precision ovulation tracking, and more\*

### Provider network, discounts, and access to funds

- Access funds to help pay for eligible care and services\*
- Find eligible providers, agencies, and attorneys near you
- Receive exclusive discounts and expedited appointments at Carrot partner clinics and agencies\*\*
- Order medications, supplements, and vitamins from Carrot Rx®, an online pharmacy, for savings and convenient delivery

Visit [app.get-carrot.com/signup/info](https://app.get-carrot.com/signup/info) to create your account and explore the resources available, including your employer-provided funds to pay for care.

### Get support with\*:

- Understanding fertility health (e.g., fertility testing and ovulation tracking)
- Elective assisted reproduction (e.g., in vitro fertilization)\*\*\*
- Elective preservation (e.g., egg, sperm, and embryo freezing)\*\*\*
- Adoption, gestational surrogacy, and donor assistance
- Pregnancy and postpartum (includes funds for doula support and milk shipping)
- Perimenopause, menopause, and low testosterone (low T)

### Support Spotlight

#### Perimenopause, menopause, and low T support

Connect with Carrot menopause and low T specialists to ask questions about hormonal treatments and get expert guidance on sexual health and managing body changes like hair loss, skin acne, abdominal weight gain, hot flashes, and other symptoms.

#### Pregnancy and postpartum support

Ask questions or receive a second opinion from Carrot obstetricians, nurses, or midwives at no additional cost.

\*Goodwin Procter employees will have access to employer-provided funds and are eligible to submit for reimbursement. Partners will have access to educational resources and support.

\*\*Carrot is available in 130+ countries, and services available may vary by employer, geography, and local rules and regulations.

\*\*\*The following expenses will continue to be covered through your health plan and not Carrot:

- Fertility care related to an infertility diagnosis issued by a fertility doctor

Questions? Visit [get-carrot.com/go/goodwin-procter#contact](https://get-carrot.com/go/goodwin-procter#contact) to connect with your Care Team.